

Checklist of Assumption Testing About Confidentiality

Make copies of this checklist before you complete it: one for you to complete and the other for your mentee to complete. With your new mentee, look at the assumptions and decide whether either of you holds assumptions that should be added. Write these in the bottom box.

Answer each question with a check in the “Yes”, “No”, or “Not sure” box. When you have completed the checklist, review and discuss each item with your mentee. Then come to consensus about what confidentiality will mean in the context of your agreement.

Which of the following assumptions about confidentiality do you hold?	Yes	No	Not Sure
What we discuss stays between us for as long as we are engaged in our mentoring relationship.			
We can freely disclose what we talk about in our conversations with other people.			
After our mentoring relationship has ended, it is okay to talk with other about what we discussed or how we related.			
If there is a demonstrated need for someone else to know, we can appropriately disclose our conversations and impression with that person.			
What we say between us stays here unless you give me specific permission to talk about it with others.			
Some issues will be kept confidential, while others will not.			
It is okay to discuss with other how we relate to one another but not the content of our discussions.			
It is okay to talk about what we talk about as long as it is positive.			
Other assumptions I hold that should be added to this list:			